

Symptoms to look out for

- Urinate (pee) a lot, often at night
- Are very thirsty
- Lose weight without trying
- Are very hungry
- Have blurry vision
- Have numb or tingling hands or feet
- Feel very tired
- Have very dry skin
- Have sores that heal slowly
- Have more infections than usual

***People who have type 1 diabetes may also have nausea, vomiting, or stomach pains.**

If you experience any of these symptoms, see your doctor about getting your blood sugar tested.

RESOURCES

cdc.gov/diabetes

dph.georgia.gov/diabetes

CoastalHealthDistrict.org/diabetes



CONTACT YOUR LOCAL HEALTH DEPARTMENT FOR MORE INFORMATION.



Georgia Department of Public Health

Coastal Health District